

# Ghana Ag Tour of Gold Coast

November 11-26, 2023 (13 nights in Ghana)

## AKOSOMBO – NZULEZU GHANA – ELMINA - AG RESEARCH INSTITUTIONS – AFROTROPICAL RAINFOREST

Program Reference Code: GHAAGTOUR1



### 1. AGRITOURISM IN GHANA

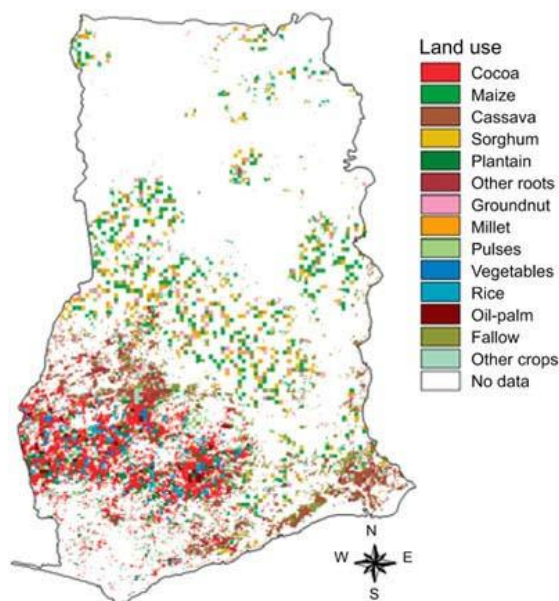
#### Section 1.1 Why Travel to Ghana?

Ghana is a magical place on the west coast of Africa with epic rich cultural heritage, diverse agro- ecological zones, stable democracy and countless experiences, which stir our deepest longings. The Gulf of Guinea, which is part of the Atlantic Ocean lies south of Ghana, and forms a 550km-long coastline. The Volta River basin, including the artificially created Lake Volta (the largest man-made lake by surface area in the world), dominates the country's drainage system. From grasslands to coastal marshes to rainforests, Ghana is home to a range of ecosystems. Visit the 'Nzulezu Ghana' to experience the innovation of farmers living on the 'surface of water' and their livelihood. The Nzulezu is a place with beautiful ambiance – you can spot monkeys. Take a fantastic road trip to Afram Plains at sunrise for a breathtaking panoramic view of the rainforest infused with different cash crops, feel the sense of peacefulness for an unbelievably close to nature, experience untainted traditional lifestyle in farming villages, and take iconic pictures of Afrotropical rainforest. This is your chance to step outside of everyday life, learn about the agriculture systems in Ghana and discover something truly extraordinary.

#### Section 1.2 What Is Peculiar About Ghana's Agricultural System?

Ghana is unusual by African standards in that it is blessed with minerals, favorable agricultural conditions, and easy access to natural resources. The country is a significant hub of biodiversity in West Africa thanks to its various habitats, which are home to many plant and animal species. In the forest zone, tree crops are significant with cocoa, oil palm, coffee and rubber being of particular importance. The food crops in this area are mainly inter-cropped mixtures of maize, plantain, cocoyam and cassava. The middle belt is characterized by mixed or sole cropping of maize, legumes, cocoyam or yam, with tobacco and cotton being the predominant cash crops. Cotton and tobacco are also important in the northern sector, where the food crops are mainly sorghum, maize, millet, cowpeas, groundnuts and yam. Rice is important in all the zones. Poultry predominates in the south, while cattle production is concentrated in the Savannah zones. Sheep and goat production is generally widespread throughout the country. The use of modern technologies, such as precision agriculture and drone technology, is becoming increasingly prevalent in Ghana's agriculture sector to optimize crop production and reduce waste. The country's government has implemented several initiatives to support the agricultural sector including providing farmers with subsidized inputs, equipment and training. The country's agricultural research institutions play a crucial role in driving innovations and advancement in the sector. Likewise, the Agricultural Extension Agents Program also provides farmers with training, advice and access to informational resources.

As part of the Ghana Ag Tour, we will meet with the Ghana Grains Council, Crop Research Institute, Animal Research Institute, Food Research Institute and many more to learn about their support for producers and new technologies. The day before departure back to Canada, we will meet with other farmers, and representatives from producer groups, and research institutions. Time to network and make a lot of friends!



Cocoa Production in Ghana

Credit: FAO

### Section 1.3 What will I do, where will I stay and what will I eat?

As a Canadian farmer, director/employee of ag research institutions or student, you will join the trip as a **Farm Business Specialist**. Our goal as farm business specialists is to share our Canadian agricultural experience while learning more from the local ag research institutions, producer-based organizations, commercial and peasant farmers as well as the country's agricultural heritage which is an important part of the social fabric of many communities in Ghana.

Participants will mostly stay in hotels and accommodations close to farms. Some may also choose to stay on a working farm and participate in farming operations. During weekends, expect to relax on a resort and have a memorable interaction with local cultures.

Ghanaian cuisine combines local and international culinary influences, resulting in a distinctive fusion of tastes and textures. Along with its delectable cuisine, Ghana is known for its warm hospitality; as a result, travelers are frequently welcomed with open arms and invited to share a meal with residents.



Aqua Safari Resort in Lake Volta





Local Ghanaian Dishes

## 2. TRIP DETAILS

### Section 2.1 What's Included:

- ✓ 13 nights in superior tourist class accommodations
- ✓ All land travel in the private use of modern and air-conditioned comfortable coaches/bus/SUV (depending on the location)
- ✓ Connecting airfares within Ghana
- ✓ Professional tour manager with agricultural background
- ✓ Sightseeing and technical visits as outlined in itinerary
- ✓ Meals as detailed in itinerary shown (Breakfast, Lunch & Dinner), plus unlimited snacks
- ✓ Welcome backpack and tour book with final detailed itinerary (upon arrival in Ghana)
- ✓ Airport pick up and drop off within Ghana

### Section 2.2 What's not Included\*:

- ✗ Roundtrip airfare Saskatchewan/any location in Canada to Ghana
- ✗ All items of a personal nature, such as laundry, phone calls and alcoholic beverages
- ✗ Travel insurance and cancellation fees
- ✗ Passport fees, yellow fever vaccination, medications, and visa charges

\*Voazok Tours and 7Continents Consulting will provide support to all participants to obtain the necessary documents including flights, travel insurance, visa application and any other services that participants may need to take part in this trip.

### Section 2.3 What You Need to Participate in the Ghana Ag Tour

- Should have experience or knowledge of agriculture or interested in agriculture
- Should be culturally sensitive and appreciate diversity
- Must have a passport valid for six months after the date of the intended departure from Ghana
- Be physically sound to tour farms and able to get onto the car or bus without assistance
- Must possess a valid yellow fever vaccination certificate or willingness to obtain

- COVID-19 vaccination is recommended but not a requirement for the trip to Ghana

### 3. TOUR HIGHLIGHTS & ITINERARY

Transportation: Travel within Ghana will be by flight and an air-conditioned 4x4. Within the city will be by modern air-conditioned minivan or coaster bus. Stay refreshed en route with water and snacks and chat to your experienced, friendly, and helpful guide.

#### Section 3.1 Tour Highlights

- Inspect agricultural R & D projects at the Council for Scientific and Industrial Research
- Tour commercial farms, processing centers and network with local peasant farmers
- Visit Nzulezu to experience innovation of farmers living on the surface of water
- Interact with members of the Ghana Grains Council
- Visit the slave castles & fort to learn about the Trans-Atlantic Slave Trade
- Drive along the beachfront for the famous palm-fringed fascinating fishing villages
- Spend a full day at the famous Aqua Safari Resort & wander through Treasure Island
- Experience Boti Waterfalls, Aburi Botanical Gardens & Tetteh Quarshie Cocoa Farm
- Tour the Volta Lake - the largest man-made lake in Ghana
- Enjoy the extreme hospitality of local farmers and participate in 'oware' and 'dame' game



Itinerary Map



Reign Rum - Luxury Rum Made in Ghana

#### Section 3.2 Tour Itinerary\*

##### Saturday November 11 – Day 1: DEPART CANADA

Depart from any airport in Canada and check in for a flight transiting through United States or Europe to Ghana (Kotoka International Airport in Accra). Provide your flight details for airport pick up.

##### Sunday November 12 – Day 2: ARRIVE GHANA

Kotoka International Airport – Accra  
 Arrive in Ghana the next day and transfer to Accra hotel.  
**Overnight: Accra - Dinner**

##### Monday November 13 – Day 3: ACCRA

GREATER ACCRA REGION

Visit the Center for Scientific and Industrial Research - Food Research Institute to interact with the officials working to add value to commodities produced in Ghana. Later in the morning, a meeting will be held at the Ghana Grains Council – the organization that oversees buying and selling of Grains in Ghana. In the afternoon will be sightseeing visits to Accra Brewery, Osu Castle, Kwame Nkrumah Memorial Park, W.E.B DuBois and take pictures at the iconic Independent Square (Black Star) just along the sea. The night will be spent at the Oxford Street in Osu – the most famous and busiest street in Ghana where people never sleep.

**Overnight: Accra – Breakfast, Lunch & Dinner | Snacks**

## Tuesday November 14 – Day 4: ACCRA – ABURI - TEMA

### GREATER ACCRA REGION

Early morning set off to Aburi mountains with a first stop at the University of Ghana Botanical Gardens, Aburi Botanical Gardens (host different types of tree species and the site where Queen Elizabeth II first had a meeting with the first President of Ghana), Anagkazo (Jerusalem in Ghana) and Boti waterfalls. Stop at Aburi Crafts Village to buy some clothing, jewellery, key chains, bottle openers, and baskets. As we climb up, we will interact with several peasant farmers growing mixed crops – feel the sense of closeness to nature with memorable interactions with local farmers and cultures. After lunch, visit the Tetteh Quarshie Cocoa Farm – learn how Tetteh Quarshie was a pre-independence Ghanaian agriculturalist who was directly responsible for the introduction of cocoa crops to Ghana. Cocoa crops today constitute one of the major export crops of the Ghanaian economy. Throughout the journey, you will witness tropical rain forests and small farm villages living in them.

**Overnight: Pacific Farms Hotel in Tema – Breakfast, Lunch & Dinner | Snacks**

## Wednesday November 15 – Day 5: TEMA – ADA

### GREATER ACCRA REGION

Breakfast at Pacific Farms then travel to the University of Ghana Farms and Accra Abattoir. Then drive in a luxurious and comfortable 4x4 air-conditioned car to Aqua Safari. The journey to Ada will excite you with an interesting and experience tour guide. Spend the day at the famous Aqua Safari Resort & wander through Treasure Island surrounded by farm villages. At Aqua Safari you will have the best luxury getaway resort with welcoming serene environment, donkey rides, boat cruising, horse riding or simply spend your time at cozy and relaxing lakeside.

**Overnight: Aqua Safari – Breakfast, Lunch & Dinner | Snacks**

## Thursday November 16 – Day 6: AQUA SAFARI – SOGAKOPE – AKOSOMBO

### VOLTA REGION

After breakfast at Aqua Safari, set off to Moonlight Farms, Volta Presentation Farm, and GADCO Rice Milling Plant. Spend the rest of the afternoon at Dodi Island – Lake Volta – You can fish here and spend quality time by the natural recluse. Farmers rely on Lake Volta for their irrigation. Be ready for a picnic in the Island with a boat tour to see the Akosombo Dam – the largest dam supplying over 70% of electricity in Ghana. Spend the night at Bridgeview hotel, which sits on top of the mountain with amazing views of towns and villages along the Volta Lake.

**Overnight: Bridgeview in Akosombo – Breakfast, Lunch & Dinner | Snacks**

## Friday November 17 – Day 7: AKOSOMBO – AKUSE – ACCRA

### EASTERN REGION

After breakfast, set off to Akuse to visit grain farms: Kpong Farms. Along the road, stop to see mango plantation, palm plantation and other crops such as cassava, banana and mixed farms. Spend the lunch time at Hendy Farms (second generation farm into mango processing). Return to Accra to spend the night at East Legon. At dinner, taste Ghanaian-made beer.

**Overnight: Accra – East Legon – Breakfast, Lunch & Dinner | Snacks**

## Saturday November 18 – Day 8: ABURI – NSAWAM – ACCRA

### GREATER ACCRA

Visit Blue Skies fresh fruit and juice processing factory in Nsawam. Return to a farm in Aburi mountains to participate in farming operation. Lunch will be served on the farms. Here, immerse yourself in the Ghanaian culture, eating and drinking while sharing your farm experiences with the host farmer. The most famous Ghanaian chilled palm wine (from palm tree used to prepare alcohol) will be served on the farm. Enjoy the extreme hospitality of a local farmer and participate in 'oware' and 'dame' Ghana games. Boots and hand gloves will be provided.

**Overnight: Accra – East Legon – Breakfast, Lunch & Dinner | Snacks**

## Sunday November 19 – Day 9: ACCRA – TAKORADI AIRPORT – NZULEZU

### WESTERN REGION

After breakfast, head to the airport for a flight to Takoradi and then drive to Nzulezu, the stilt village on water. Enjoy the unique villages and rainforest adventure. Nzulezu in Ghana means 'surface of water'. Enjoy the night living close to nature and experience the life of farmers in surrounding villages. Expect the extraordinary.

**Overnight: Nzulezu – Breakfast, Lunch & Dinner | Snacks**

## Monday November 20 – Day 10: NZULEZU – TAKORADI

### WESTERN REGION

In morning, experience and enjoy the live preparation of local breakfast. After breakfast, head to the forest to take the boat to explore the Nzulezu unique village and its way of life (all will be provided with life jacket and a very experienced tour guide will lead). Enjoy the wonderful scenery and experience the innovation of farmers and their livelihood. You may spot monkeys here. In the afternoon, drive to Ankasa Forest Reserve to explore the diverse flora and fauna of the rainforest. Drive back to Takoradi later in the afternoon.

**Overnight: Takoradi – Breakfast, Lunch & Dinner | Snacks**

## Tuesday November 21 – Day 11: TAKORADI – CAPE COAST

### CENTRAL REGION

Today it's off to see natural wonders and plantations. Visit Green Gold Banana Plantation and Komenda Sugar Factory to see their processing facilities. Then drive to Elmina Castle

to explore Ghana's role in the transatlantic slave trade. The Elmina Castle, which was erected by the Portuguese in 1482, was the first trading post built on the Gulf of Guinea and it's the oldest European building in existence south of the Sahara. Head to Hans Cottage Botel for a rest – you can take a picture with the crocodiles here.

**Overnight: Hans Cottage Botel – Breakfast, Lunch & Dinner | Snacks**

### **Wednesday November 22 – Day 12: CAPE COAST – WINNEBA**

#### **CENTRAL REGION**

Enjoy the morning drive to Kakum National Park to participate in a guided hike through the rainforest. Experience the thrill of the canopy walkway. Return to explore Cape Coast slave castle built on the Gold Coast of West Africa by European traders. It was originally a Portuguese feitoria or trading post, established in 1555. After this tour, participants will have a firsthand knowledge of the slave trade. Continue the drive to Ekumfi Pineapple Production and Processing site to explore the pineapple farm to learn about cultivation techniques. Continue the journey to Winneba.

**Overnight: Winneba – Breakfast, Lunch & Dinner | Snacks**

### **Thursday November 23 – Day 13: WINNEBA – ACCRA – KUMASI AIRPORT**

#### **ASHANTI REGION**

Take a break and enjoy your breakfast. Continue the journey to Accra for a flight to Kumasi.

**Overnight: Lancaster City Hotel – Breakfast, Lunch & Dinner | Snacks**

### **Friday November 24 – Day 14: KUMASI - ACCRA**

#### **ASHANTI REGION**

Morning visit to Amma Mensah's 2000-acre certified organic farm & distillery (Reign Rum). Crafted from organic sugarcane on 2000-acre farm and distillery in Ghana, these rums represent the future of luxury spirits on the African continent. End the trip at Manhyia Palace to learn the traditions of the Ashanti Kingdom and buy some souvenirs. Return to Accra.

**Overnight: Accra – Breakfast, Lunch & Dinner | Snacks**

### **Saturday November 25 – Day 15: DEPART GHANA**

Morning shopping at Osu and departure to the airport

### **Sunday November 26 – Day 16: ARRIVE CANADA**

Note\* Finalized itinerary will be provided upon arrival. Please note that itinerary may change slightly depending on circumstances beyond our control.





#### 4. TOUR PACKAGE

- The minimum number of participants for this tour is 10\*\*
- Total Costs: From \$7900.00 / person (plus estimated \$2,500 for airfare (economy), visa fees & travel insurance)\*
- Deposit: \$2000 to secure a place upon registration
- Second Payment: \$3,900.00 (Due upon signing of ag tour contract)
- Final Payment: \$2,000.00 (Due 4 weeks to the trip)

**\*PROMO PRICE for November 11-26, 2023 – Total Costs: \$6,900 (plus estimated \$2,500 for airfare (economy), visa fees & travel insurance).** Travelling with your partner or sharing room? The second person receives \$1,000 off the PROMO PRICE.

\*\* Voazok Tours reserves the right to change the price or reschedule or cancel the trip if the minimum number is not reached. 7Continents Consulting will work with participants to determine the best option. In the event that the trip is canceled, all participants will receive a full refund.

#### 5. THINGS TO KNOW BEFORE TRAVELLING TO GHANA

- Ghana has been ranked the most peaceful country in West Africa and 2nd on the continent in the 2021 Global Peace Index report.
- Sun rises at 6:00am and set at 6:00pm.
- The average temperature for the month of November could be as high as 85°F (29°C) and as low as 71.6°F (22°C). It generally feels very warm. There might also be a small chance of rain.
- Prepare to dress in something very light like a sleeveless shirt.

#### 6. HOW DO THE ORGANIZING COMPANIES ENSURE SAFETY OF PARTICIPANTS?

While Ghana is one of the most peaceful and politically stable countries in Africa, we acknowledged that every trip carries its own risks. The organizing team have several years of experience living and managing projects in Ghana and Canada. Measures have been put in place to ensure the safety of all our participants in the Ghana Ag Tour. All participants are also encouraged to take part in a pre-departure briefing to held in the first week of November 2023. The safety of our participants is our number one priority.

#### 7. ORGANIZING TEAM

7Continents Consulting (Saskatchewan) has partnered with Voazok Tours (Ghana) and African Agribusiness Incubation Network (Ghana) to organize the trip. Voazok Tours specializes in Agritourism Tours. 7Continents Consulting acts as a point of contact for Canadian participants. Voazok Tours brings like minded agripreneurs, farmers and agribusinesses together to visit farm operations to learn about their business. All the organizing team have education and background in agriculture with passion for agritourism and extensive skills working with agribusinesses, farmers in Ghana, Canada and other countries.

## 7Continents Consulting Inc. (Saskatchewan)

Website: [www.7continentsconsulting.com](http://www.7continentsconsulting.com)

Email: [info@7continentsconsulting.com](mailto:info@7continentsconsulting.com)

Contact: Bill Brown @ (306) 260-4288 /

Derrick @ (306) 491-5696

## Voazok Tours Ltd (Ghana)

Website: [www.voazok.com](http://www.voazok.com)

Email: [info@voazok.com](mailto:info@voazok.com) Tel: +233 303-955-685

Contact: Benjamin Nyarko Email: [info@voazok.com](mailto:info@voazok.com)

### 8. AGRITOURISM IN GHANA – BENEFITS TO PARTICIPANTS (FARM BUSINESS SPECIALISTS)

- Share your experiences with Ghanaian farmers and producer groups and learn from them as well. Knowledge is power! One good idea could make or save farmers a lot of money.
- Know your competition. We live and compete in a global economy. Discover some of the new heavy weights in agriculture in Ghana.
- Sustainable and green agriculture: learning firsthand what other countries do is one of the best investments you can make in your operation!
- Travel with like-minded people and form new business relationships. Trips are great networking opportunities.
- Take a vacation with your partner, friends or colleagues by doing what you all love doing – agriculture!
- Participate in an organized farm visits blended with leisure tours that lead to immersive experiences.

### 9. WHY TRAVEL WITH VOAZOK TOURS

- ✓ No hidden costs
- ✓ Travel with like-minded people
- ✓ Tours escorted by specialist tour guides
- ✓ Exclusive access to special places with farm visits not normally open to the public
- ✓ Possible tax benefits for primary producers\*

\* **Always check with your financial advisor:** 7Continents Consulting will provide receipts and documentation detailing the technical components of the ag tour of Ghana for tax purposes to all participants. For Canadian participants engaged or employed in agriculture, a portion of the trip costs may be tax deductible. Please consult with your accountant for advice and more information. 7Continents Consulting does not offer advice on taxations and participants are solely responsible for determining if part of their costs may be tax deductible.

### 10. READY TO REGISTER?

Ghana is a must-visit location for agriculture enthusiasts because of its amazing agricultural heritage, which reflects the nation's rich culture and history.

#### REGISTRATION FORM

Online

Click to register: <https://www.7continentsconsulting.com/ghana-ag-tour-registration-page>

See Below for Paper Copy





# REGISTRATION FORM

Voazok Tours – Agritourism

To secure your place on this program please complete the booking form and send with your deposit of \$2,000 per person to 7Continents Consulting. Email: [info@7continentsconsulting.com](mailto:info@7continentsconsulting.com). This form is also available online.

## Registration Name of Tour \_\_\_\_\_

To reserve your place on this tour please complete the registration Form.

Passenger 1	Passenger 2
<p><b>Name (AS IT APPEARS IN PASSPORT—passport must be valid until 6 months from return date—need not have passport to register)</b></p>	
First: _____ Middle: _____	First: _____ Middle: _____
Last: _____ Male ( ) Female ( )	Last: _____ Male ( ) Female ( )
Preferred name _____	Preferred name _____
Passport Number: _____ Exp. Date: _____	Passport Number: _____ Exp. Date: _____
Birth date: _____ Roommate's Name _____	Birth date: _____ Roommate's Name _____
Room Preference:    Twin ( 2 beds)    King ( 1 bed)	Room Preference:    Twin ( 2 beds)    King ( 1 bed)
Street Address _____	Street Address _____
City: _____ State: _____ Zip: _____	City: _____ State: _____ Zip: _____
Tel Home: _____ Tel Cell _____	Tel Home: _____ Tel Cell _____
Email: _____	Email: _____
Dietary/Medical Restrictions: _____	Dietary/Medical Restrictions: _____
What do you farm or position: _____	What do you farm or position: _____
<b>Emergency Contact:</b> Name _____ Relationship _____	<b>Emergency Contact:</b> Name _____ Relationship _____
Tel. Home _____ Tel. Cell _____	Tel. Home _____ Tel. Cell _____
<i>I have read the Terms &amp; Conditions.</i>	<i>I have read the Terms &amp; Conditions.</i>
Client Signature: _____ Date _____	Client Signature: _____ Date _____

Date	Payment Due	Cancellation Penalty
Registration (Deposit due upon submission of registration form)	\$2000.00	Refundable if canceled within 15 days of registration
Second payment (Due upon signing of ag tour contract)	\$3,900 + Insurance	Trip Insurance non-refundable (Consult with your provider)
From registration until 90 days to 45 days to departure		50% of second payment non-refundable
From 45 days to departure	\$2,000 - Final Payment	No Refunds



# BOOKING CONDITIONS

VOAKZOKTOURS LTD



Available ONLINE at: <https://www.7continentsconsulting.com/ghana-ag-tour-booking-conditions>

## PAYMENT DETAILS (PLEASE SELECT)

### Direct Deposit

7Continents Consulting Inc.

CIBC Institution Number 010 | Transit Number 00518 | Account Number 5327415

Program Reference Code: GHAAGTOUR1 and your surname

### E-Transfer

7Continents Consulting Inc.

Email: [info@7continentsconsulting.com](mailto:info@7continentsconsulting.com)

### Credit Card

Please click [here](#) or copy and paste the link below or scan the QR code:

Payment Link: <https://book.stripe.com/fZe00y9OTc688jm145>

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